

Available for a limited time! Ask your instructor for details and start date.  
Ballet Body available at participating locations only.



**BALLET  
BODY**  
by **jazzercise**

Get the long, lean dancer's body you've always wanted in this all new ballet inspired workout with a kick!

- Challenge your body with new moves and fresh choreography.
- Strengthen and lengthen your muscles for proper posture and grace for life.
- Get targeted sculpting and toning exercises combined with the rhythm and flexibility of dance.

*No tutus required.*

**4 classes for \$59**  
*Classes are 45 minutes.*



Get th

Starting the week of April 17, 2012  
Tuesday nights at 5:10 pm  
Friday mornings at 8:15 am