

Frequently Asked Questions
ORANGE COUNTY CENTER for RESILIENCY, EDUCATION, WELLNESS (OC CREW)

What services does OC CREW offer?

The program offers assessment, individual and family counseling, psychiatric services Multifamily Groups, education, and wellness activities.

Who qualifies for services at OC CREW?

The program is offered to young people ages 14-25 who are Orange County residents and have recently experienced psychosis for the first time. Services are also provided to the families of participants.

What is psychosis?

The word psychosis is used to describe conditions which affect the mind, where there has been some loss of contact with reality. The person experiencing psychosis might hear or see things that other people don't hear or see. They might behave in a way that is unlike them; become irrationally fearful that someone is "out to get them," or "putting thoughts into their head."

As a participant, what does participating with OC CREW entail?

Recovering from psychosis is a slow process. Sometimes the illness is so overwhelming that the individual might not feel like doing anything until he/she starts to feel better. While a participant is recovering, he/she would need to see the doctor weekly, and a therapist from OC CREW will visit a couple times a week. The, Participants are welcomed to participate in activities like hiking, holiday parties, and other fun stuff with OC CREW. One participant said, "I participate in the program by doing groups, doing therapy, and taking medication. I'm more peaceful now."

How much does it cost?

There is no cost for participating in the program as services are funded by the Mental Health Services Act (Proposition 63). The program can assist participants in getting medication if he/she does not have medical insurance.

Where do I go for services?

OC CREW is located in the City of Orange, not far from Main Place Mall, or CHOC Hospital. However, OC CREW staff often see participants and their families wherever is most convenient to them (for example, at home, at school, a local park, etc.).

How long will it be until my son/daughter (the participant) gets better?

Psychosis can be brief or it can last a long time. The most vital component of recovery is that the young person gets professional help immediately.

How long do I (as a participant) have to be in services?

The program generally works with participants for 24 months to help them recover and to achieve the participant's individualized goals like going back to school, getting a job, or housing. A participant can end services whenever he/she chooses. The program however prefers to have at least a couple of months to plan for a participant to transition out of services, so that OC CREW can assist with finding other supportive services that may be needed.